

Part III:

**Trainer's Guide
Suggested Training Activities**

After the group has completed Parts I and II of the case study, one or more of the following questions and follow-up activities could be used to discuss the accommodation and the process involved in greater depth. Part III is designed for trainers and normally would not be given out to participants. Part III usually works best as a total group discussion, ranging from a few minutes up to 10-15 minutes. Questions or activities are typically followed by information to assist in supplementing participant discussion. Trainers are encouraged to add other questions to focus discussion on specific learning objectives and local or state issues.

Compare functional capacities/limitation to essential functions of the job.

- What other options could be considered for accomplishing essential functions?
- Discuss pros and cons of each as well as cost/benefit.

What were the ergonomic principals used in this case?

- Maintain proper sit/stand posture.
- Bring work to the person.
- Provide flexibility in positioning.
- Minimize frequency and weight of lifting.

How were these principals applied in this case study?

Can you think of any off the shelf products that could be used in this scenario?

- Was a custom built table necessary?

What other occupations could benefit from a similar workstation set up?

- Assembly positions
- Bench work occupations
- Small construction
- Craft/artwork production
- Electrical appliance repair

